



Center for Personalized Healthcare & Wellness

**EDUCATE MIND • MOTIVATE BODY • EMPOWER SPIRIT**

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*At Thrive, through innovation and a commitment to putting our patients first, we are redefining what it means to take a comprehensive approach towards health & wellness, while challenging 21st century medical industry status quo.*

# THRIVER

## PRIMARY CARE

**\$100/MONTH**

*auto draft, \$50/dependent (max 3)*

- \* Comprehensive annual exam (every 12 months)
- \* Unlimited primary care/problem visits (in person & eVisit)
- \* Strep/flu testing and urinalysis
- \* Ultrasound services
- \* Unlimited yoga & fitness classes
- \* Group program discounts
- \* 20% off essential services
  - Retail
  - Spa (aesthetics & massage services)
  - Health education services (health coaches & registered dietitian)
  - Infusion services
- \* Thrive educational and cooking classes at no cost

*One year commitment required. Exclusions apply: acupuncture, clinical psychology, Geneveve treatments, group programs, yoga/fitness workshops, labs, specialty tests and surgical procedures. See enrollment form for complete details.*

# THRIVER

## FUNCTIONAL

**\$150/MONTH**

*auto draft, \$75/dependent (max 3)*

- \* Comprehensive Functional Medicine initial consult with annual exam (and/or Weight Management)
- \* Quarterly, Functional Medicine follow-ups (or monthly WM follow-ups)
- \* Unlimited primary care/problem visits (in person & eVisit)
- \* Strep/flu testing and urinalysis
- \* Ultrasound services
- \* Group program discounts
- \* Unlimited yoga & fitness classes
- \* 20% off essential services
  - Retail
  - Spa (aesthetics & massage services)
  - Health education services (health coaches & registered dietitian)
  - Infusion services
- \* Educational & cooking classes at no cost

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## OUR MISSION

*...is to provide integrated and personalized care to empower individuals to optimize their health and take charge so they can achieve optimal health and wellness. **We provide a comprehensive set of tools, services, and resources to help patients maintain this well being for a lifetime.***

### PEACE OF MIND BENEFITS –

**(1)** One low monthly cost. **(2)** Can pay using HSA/FSA dollars. **(3)** Same and next day sick visits. **(4)** See multiple providers with different specialties at no additional cost. **(5)** Direct access to physician through patient messaging portal.